



# **ASN UPENDO VILLAGE**

## **PROGRESS REPORT.**

**JANUARY - FEBRUARY, 2024.**

**SUBMISSION DATE: 15<sup>th</sup> MARCH, 2024**

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## **EXECUTIVE SUMMERY**

This progress report delves on the activities undertaken in ASN Upendo Village in the month of January and February 2024. Under Education department, the continuing primary and secondary leaners resumed their studies on 9<sup>th</sup> January 2024. The department had two pupils in the last cohort of Kenya Certificate of Primary Education (KCPE) candidates who qualified to join high school. Both joined their respective schools in January 15<sup>th</sup>. During the month of February, the department, with the help of the Administration and the Social Welfare department managed to enroll 6 new students in the sponsorship program; 3 in primary school, 2 in Secondary School and 1 in College. The total current number of sponsored leaners stands at 90; whereby 49(54%) are females while the rest (41(46%) are males. Majority of the leaners (36) are at College/Technical level while the least group (6) are in primary school level. Under medical department, a total of 1,819 services were rendered. The month of January was busier (976) than the month of February (843). ASN Upendo Village Dispensary celebrated the Day of the sick on 12<sup>th</sup> February 2024. The celebration took place in the facility where 60 community members and patients received health education on disease prevention, health seeking behavior, routine checkups, laboratory investigation and treatment. Under Social Welfare office, a total of 226 and 246 clients attended the support group meetings respectfully. Karai support group formed four sub support groups. A total of 15 clients were enrolled. Out of which 8 were enrolled in January and the rest (7) were enrolled in February. HIV Positive women (6) and Orphan Vulnerable children (6) were the most enrolled group in the two months' period under review. The department identified 247 household members from the community who received foodstuffs such as rice, green grams, maize flour, beans, cooking oil, salt and bar soaps. Under nutritional department, a total of 482 support group members and 27 grand mothers were issued with Nutritional supplements. The major project challenge is the cost of living which has remained high with the unemployment rate still up surging day by day. This has led to increased number of needy people in the community and especially women and children who need ASN Upendo Village intervention for better life.

## **INTRODUCTION**

This bimonthly report highlights the activities that took place in ASN Upendo Village, Kenya, during the months of January and February 2024. The departments of Education, Dispensary, Nutrition, Social Welfare and Gender Desk as well as Income-Generating Activities (IGAs) are among the reported areas;

### **1.0 EDUCATION DEPARTMENT**

The New Year kicked off quite well for the department with most of the sponsored learners reporting back to their respective institutions of learning on time. The continuing primary and secondary learners resumed their studies on 9<sup>th</sup> January 2024. The department had two pupils in the last cohort of Kenya Certificate of Primary Education (KCPE) candidates who qualified to join high school. Both joined their respective schools in January 15<sup>th</sup>. The Education department in partnership with the administration made proper arrangements to ensure swift payment of their school fees and provision of upkeep funds to facilitate their timely return to school.

During the month of February, the department, with the help of the Administration and the Social Welfare department managed to enroll 6 new students in the sponsorship program; three in primary school, two in Secondary School and 1 in College. The newly sponsored students in primary and secondary school have already reported to their respective schools while the college student will be reporting to her new college in May 2024.



**Photo 1**

*Eunice (education officer) posing for a photo with newly sponsored learners Ruth Njoki and Christine Wanjiru during their school reporting day at St Martins Girls High School, Kibagare on 6<sup>th</sup> March 2024.*

**1.1 Distribution sponsored learners**

The table herein shows a summary of the total number of sponsored pupils/students across all level of learning in February 2023.

**Table 1**

***Gender distribution of sponsored students at ASN Upendo Village 2024***

<b>Level of Institution</b>	<b>Males</b>	<b>Females</b>	<b>Total</b>
Primary School	6	0	6
Secondary School	11	17	28
College/Technical School	15	21	36
University	9	21	20
<b>TOTAL</b>	<b>41</b>	<b>49</b>	<b>90</b>

As displayed in Table 1.0 above, the total current number of sponsored learners stands at 90; whereby 49(54%) are females while the rest (41(46%) are males. Majority of the learners (36) are at College/Technical level while the least (6) are in primary school level.

Seven students sat for their final secondary School exam (Kenya Certificate of Secondary Education- KCSE) in December 2023 and are yet to join Technical school/University. Three have already applied for admission through the Kenya Universities and Colleges Central Placement Service (KUCCPS) and are waiting to be allocated slots in public colleges/university. The other Four are waiting for the May intake in Technical Schools.

The department also took several home and school visits to check in the respective homes and schools of the sponsored pupils/students. The school visits are normally done to assess the class attendance of our sponsored children, to foster relations with their teachers and the school management with the aim of helping the sponsored children to become better persons.



***Photo 2***

***Sr. Phoebe, Principal St. Francis Xavier Girls Sec and Samuel and the Sponsored students during a school visit.***



## 2.0 MEDICAL DEPARTMENT

Health care department has continued to offer curative, preventive, and rehabilitative health services. The activities were as discussed below;

### 2.1 Services offered

Over the two months under consideration, a total of 1,819 services were rendered. The month of January was busier (976) than the month of February (843). Outpatient services (847) remains the most rendered services over the two months under consideration as shown in table below;

*Table 2*

*Services offered in ASN Upendo Village Dispensary*

<b>Services Offered</b>	<b>JANUARY 2024</b>	<b>FEBRUARY 2024</b>	<b>Totals</b>
Outpatient Department (OPD)	427	420	847
Child Welfare Clinic (CWC)	87	94	181
Antenatal Clinic (ANC)	2	3	5
Comprehensive Care Clinic (CCC)	78	77	155
Voluntary Counseling and Testing (VCT)	6	8	14
Laboratory Tests	358	221	579
Dental	18	20	38
<b>Total Services</b>	<b>976</b>	<b>843</b>	<b>1819</b>



**Photo 3**

**Lucy Muthoni (nurse) feeding a patient**

**2.2 Top 10 institutional diseases for over 5 years**

Upper respiratory tract infections; Lower respiratory tract infection; Arthritis; Gastritis; Hypertension; Typhoid fever; Muscular skeleton disorders; Urinary tract infection; Skin infections and injuries were the most common diseases for over years’ patient over the period under consideration.

**Table 3:**

**Top 10 common institutional diseases**

<b>Top 10 institutional diseases for over 5 years</b>	
1	Upper respiratory tract infections
2	Lower respiratory tract infection
3	Arthritis
4	Gastritis
5	Hypertension
6	Typhoid fever
7	Muscular skeleton disorders
8	Urinary tract infection
9	Skin infections
10	Other injuries

### 2.3 Continuous Medical Education(CME)

Over the period reported, 3 CME meeting were held. The first one was on Acute bronchitis diagnosis and management facilitated by Victor Oyugi (Clinical Officer); Hypertension facilitated by Francis Kamande (Pharmacist); and Care and Management of premature babies facilitated by Lucy Muthoni (nurse)

**Table 4:**

*CME*

<b>CME Activity</b>	<b>Date</b>	<b>Presenter</b>	<b>Topic</b>
CME	22/1/2024	Victor Oyugi	Acute bronchitis diagnosis and management
CME	6/2/2024	Francis Kamande	Hypertension
CME	19/2/2024	Lucy Muthoni	Care and Management of premature babies

### 2.4 World Day of the Sick

ASN Upendo Village Dispensary celebrated the Day of the sick on 12<sup>th</sup> February 2024. The celebration took place in the facility where the community members and patients received health education on disease prevention, health seeking behavior, routine checkups, laboratory investigation and treatment. Community members and patients were offered free services on blood pressure test and random blood sugars

Patients and caregivers were given bananas and milk to mark the occasion. It was such a special opportunity for community members to receive such education and they were quite appreciative. A total of 60 health seekers celebrated the day with us.



**Photo 4**

***Community members at the facility waiting to be served***



**Photo 5**

**Victor(CO) issuing banana fruits and milk to community members**



**Photo 6**

**Sr. Rosalia ASN testing the Blood pressure of a community member**

### **3.0 SOCIAL WELFARE AND GENDER DESK DEPARTMENT**

The Social Welfare office continues to be a haven of hope for clients who turn to us for nutrition supplements and psycho social support. The office continues to enroll clients referred from other facilities, who later join support groups. The office provides guidance to the clients on how to go about their HIV status and tackle issues that affect them, and otherwise to enable them to lead more satisfactory and meaningful lives.

During the period under review the department successfully held seven support group meetings and two grandmothers' meetings. Meeting was also held with HIV positive kids, teenagers, their parents and guardians.

#### **3.1 Support Groups**

A support group is a gathering of people facing common issues to share what's troubling them. Through the sharing of experiences, they're able to offer support, encouragement, and comfort to the other group members, and receive the same in return. A strong support system enhances well-being, reduces stress, and helps combat mental health issues like depression and anxiety. Building a support system involves engaging in communities, seeking positive relationships, and being open to asking for and offering help. Over the period under consideration, a total of 226 and 246 clients attended the support group meetings respectfully. Karai support group formed four sub support groups.



*Photo 7*

*Brigid talking to Mwangaza Magumu sub support group members of Karai support group after its formation in February 2024*





*Photo 8*

*Sr. Anne sharing with members of Karai support group*



*Photo 9*

*A client sharing with the members during the formation of their sub support groups*

### 3.2 Grandmothers Project

Grandparents share their stories of the past about relatives, important events, family traditions or the grandparent's own childhood. Our grandmothers play a vital role in strengthening our family relationships. They serve as the main source of guidance and unconditional love and care, especially to their grandchildren. With their example of positive values, ideals, and beliefs, they act as role models for their grandchildren and teach them values and life skills. During the period under review, the grandmothers were taught on personal hygiene and aging.

### 3.3 Client Enrolment

During the period under review January to February 2024, a total of 15 clients were enrolled. Out of which 8 were enrolled in January and the rest (7) were enrolled in February. HIV Positive women (6) and Orphan Vulnerable children (6) were the most enrolled group in the two months' period under review. The cumulative beneficiaries are now standing at 14,290 clients.

*Table 5*

<b>Clients served</b>	<b>January 2024</b>	<b>February 2023</b>	<b>Cumulative</b>
HIV Positive women	4	2	2,512
HIV Positive men	1	1	809
HIV Positive children	0	0	391
House hold members	0	1	3,150
Orphan Vulnerable children (OVCs)	3	3	7,428
<b>Total Enrolled</b>	<b>8</b>	<b>7</b>	<b>14,290</b>

### 3.4 Feeding Program for The Community

On 31<sup>st</sup> January and February 2024, the department mobilized 109 and 138 needy household members respectively from the community who received foodstuffs. The following foodstuffs were issued; rice, green grams, maize flour, beans, cooking oil, salt and bar soaps. The recipients received the food items with great joy and appreciated the administration for the rare gesture.

Through this food donation, poor household members have been able to access a balanced diet. Children can go to school and concentrate in class since their stomachs are now full. Parents are less stressed since they can now access free food for their households something which is also reducing abuse and immorality such as prostitution at community level which is normally poverty driven as way of survival.



*Photo 10*

*Poor and needy Community members from Upendo Village neighborhood lining up to register their personal details at ASN Upendo Village Gate*







*Photo 11*

*Sr. Dr. Florence Muia handing over Foodstuffs to some needy household members*



*Photo 12*

*Deserving Community members happily going home after receiving the foodstuffs*



*Photo 13*

*Chatechist Ann Wanjiru [in green tshirt] delivering food stufts at the homes of the aged grandmothers who are not able to walk to Upendo Village.*



#### **4.0 INCOME GENERATING ACTIVITIES SECTION (IGAS)**

The Income-Generating Activities program empowers clients through projects like; dairy goats' rearing; indigenous poultry rearing; beekeeping; interest-free loans; tree planting; and solar lamps. In order to break the cycle of poverty, the organization has also continued to give its clients alternate sources of income necessary for independence.

##### **4.1 Dairy Goats**

In the months under review, 4 clients reported that their goats had kidded and they are using the milk to supplement their diet. Through the goat milk intake, clients to a very great extent has boosted their already compromised health.

##### **4.2 Home Visits**

During the period under consideration, 6 home visits were conducted. In these visits, monitoring of various projects that the clients had ventured in was done.



*Photo 14*

*Sr Ann, Felista and Nancy Karanja a dairy goat beneficiary at her home during a home visit.*



*Photo 15*

*Felista(right) and Beatrice Kavochi an improved chicken beneficiary.*

#### **4.3 Support group Meetings**

During the period under review, 482 clients and grandmothers attended their various support group meetings. They were majorly taught on hygiene and dementia.



*Photo 16*

*Felista addressing Maai mahiu support group members*



#### **4.4 Demonstration Garden and Demonstration Dairy Goats.**

The ASN Upendo Village garden has continued to be the demonstration avenue to our clients as well as dairy goats. The clients are able to grow various vegetables in their small pieces of land hence saving on the money which could have been used to purchase vegetables. They use the money saved to provide for other needs such as paying school fees among other household related activities.



*Photo 17*

*ASN Upendo Village Staffs planting onions at the demonstration garden.*



*Photo 18*

*Felista, Boniface and Isaac the veterinary deworming one of the ASN Upendo Village demonstration dairy goat.*

## 5.0 NUTRITION DEPARTMENT

The goal of nutrition department is to make clients adhere to balanced diet, environmental hygiene and personal hygiene. This is achieved through improving the nutritional level for all clients so as to boost their immunity and make them active; and through promoting a high level of hygiene amongst clients.

As the year begins, the department continues to emphasize the need of our clients to be self -reliant and ensure that they get to learn and engage in sustainable sources of livelihoods. This program has been of great essence to our clients' well-being bearing in mind that some live under the poverty line thus they cannot afford a balanced diet. Since Nutrition is one of the most key components in the care of HIV and AIDs survivors, the department issued nutrition supplements to our clients and also served them a well-balanced diet.

During the period under review, clients held their weekly support groups meetings and continued to encourage each other through experience sharing. During the period under review we managed to distribute Nutritional supplements to a total of 482 clients as shown in the table below.

**Table 6**

***Support Group food supplements distribution***

<b>Group Name</b>	<b>Jan 2024</b>	<b>Feb 2024</b>	<b>Total</b>
Mai-mahiu	50	60	110
Karai	66	55	121
Mirera	59	73	132
Town	51	68	119
<b>Total</b>	<b>226</b>	<b>256</b>	<b>482</b>



*Photo 19*

*Issuing of food supplements to Town support group members at ASN Upendo Village.*

Further, the department distributed nutritional supplements to a total number of 27 grandmothers as shown in the table below;

*Table 7*

*Grandmothers food supplements distribution*

<b>Name</b>	<b>Jan2024</b>	<b>Feb2024</b>	<b>Total</b>
Mai-mahiu	4	4	8
Town	10	9	19
<b>Total</b>	<b>14</b>	<b>13</b>	<b>27</b>



*Photo 20*

*Sr Ann serving food supplement to Town grandmother*



## **6.0 CHALLENGES**

The cost of living has remained high with the unemployment rate still up surging day by day. This has led to increased number of needy people in the community and especially women and children who need ASN Upendo Village intervention.