



ASN UPENDO VILLAGE

BI-MONTHLY REPORT.

July- August, 2025.

SUBMITTED BY: ASN UPENDO VILLAGE, KENYA.

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ii. ACRONYMS

ART-----: Antiretroviral Therapy

SHA-----: social health Authority

OVC-----: Orphaned and vulnerable children

HIV-----: Human Immunodeficiency Virus

AIDS-----: Acquired Immune Deficiency Syndrome

1. EXECUTIVE SUMMARY

During July and August 2025, ASN Upendo Village made steady progress across all departments in empowering communities, improving health, and supporting livelihoods. The **Client Income-Generating Activities Department** strengthened household resilience through dairy goat and poultry rearing, agribusiness, and training. Three clients benefited from goat milk for nutrition, while 273 clients and grandmothers attended support groups focused on business skills and future planning. The demonstration garden continued to equip clients with vegetable farming knowledge, though rising living costs, unpredictable weather, and limited savings remained challenges.

The **Education Department** supported 67 learners across primary, secondary, college, and university levels through processing Higher Education Fund applications, analyzing academic results, and facilitating new admissions. An academic day brought together 100 participants for performance review, awards, and talks on behavior change. While primary pupils largely met expectations, many high school students underperformed, leading to counseling interventions. The **Nutrition and Hospitality Department** promoted food security through six new kitchen gardens, food supplement forums, and home visits, while also supporting bedridden clients. It successfully provided meals to 50 children and guardians at Kids Club and 100 participants during the academic day, though demand for supplements and resource constraints posed challenges.

The **Social Welfare and Gender Desk Department** continued to walk with clients living with HIV/AIDS through support groups, Kids and Teenagers' clubs, and the grandmothers' project, which boosted caregivers' incomes. Over 15,000 beneficiaries have been supported since inception, with notable reductions in stigma and improved dignity. However, the withdrawal of USAID funding and wider economic hardships created uncertainty in sustaining gains. The **Dispensary Department** served 668 outpatients, 192 children at the Child Welfare Clinic, 12 expectant mothers, and 167 clients at the Comprehensive Care Clinic, while also providing VCT, laboratory, and dental services. Common illnesses treated included respiratory infections, diabetes, hypertension, and pneumonia. Several Continuing Medical Education sessions were also conducted on TB, HIV testing, vaccination, and oral health.

This reporting period also marked the **first annual evaluation of the 2024–2029 Strategic Plan**, led by Sr. Dr. Florence Muia alongside the Project Development Office. All departments presented their yearly achievements and challenges, showcasing progress in client empowerment, health, nutrition, education, and psychosocial support. While successes demonstrated a holistic and integrated approach to community transformation, challenges such as funding cuts, economic pressures, and environmental factors affecting livelihoods were also highlighted. The evaluation provided a space for collective learning and adaptive planning, ending with a renewed commitment by leadership and staff to advance the mission and vision of ASN Upendo Village over the strategic plan's remaining years.

2. CLIENT INCOME GENERATING ACTIVITIES

The Client Income-Generating Activities program empowers clients and grandmothers/guardians through projects like; dairy goats' rearing; indigenous poultry rearing; interest-free loans; water tanks; tree planting; solar lamps. The program has also continued to provide an alternative source of livelihoods to the clients as well as empowering them to be self-reliant in order to break the cycle of poverty.

2.1. DAIRY GOATS

In the months under review, 3 clients reported that their goats kidded and they are using the milk to supplement their diet.

2.2. SUPPORT GROUP

During the period under review, 602 clients and grandmothers attended their various support group meetings. The clients received training focused on enhancing their confidence to start a business and participated in sessions addressing future plans.



Photo 1. Felista addressing Karai support group members

2.3. HOME VISITS

Over the course of the review period, 2 families were visited. In these visits, monitoring of various projects that they have ventured in was done.



Photo 2 Felista visiting Tabitha a member of Mai Mahiu support group with her dairy goats



Photo 3. Felista visiting Damaris Wangui from Mai Mahiu support group in her dairy goats farm.



Photo 4. Felista and Damaris at her established food kiosk

2.4. DEMONSTRATION GARDEN

The garden continues to act as a demonstration to our clients. Through the knowledge gained, clients are able to cultivate a variety of vegetables on their limited piece of land.



Photo 5

ASN Upendo Village staff planting onions on the demonstration garden

2.5. ACHIEVEMENTS

- ❖ Most of the clients' households have water tanks and are able to harvest fresh and clean water for domestic use.
- ❖ Through empowerment, many clients have embarked on agribusiness. This helps to increase food security.
- ❖ Dairy goat beneficiaries are able to access nutritious goat milk which helps them to supplement their compromised health.
- ❖ The empowerment (Such as goats and chicken issuance etc) has enabled clients to pay school fees, pay rent, buy basic necessities among others and also use the manure which helps in enriching farm's soil thus increasing productivity.
- ❖ Clients acquire new skills through training programs, enhancing their ability to manage and grow their businesses

2.6. CHALLENGES

- ❖ Increased cost of living hence clients are struggling to put a meal on the table.
- ❖ Fluctuating weather patterns.
- ❖ Clients are hesitant to embrace entrepreneurship due to the challenging economic conditions.
- ❖ Limited savings to invest in income generating activities.

3. EDUCATION DEPARTMENT

The department during the period reviewed was busy with various activities ranging from: online application and review of Higher Education Funds (HEF), collecting and analyzing students' academic results, facilitating first time students to join their respective National Polytechnic and university. During the period reviewed the department was able to hold one academic meeting which was attended by a total of people; 53 pupils/students 47 parents/guardians. The main purpose of this meeting is to access the academic progress of the sponsored students.

A majority of the sponsored students especially in National Polytechnics and university including those sitting for the KNEC and NITA exams were able to attend the academic day because they were not in session. The students who attend the academic meeting together with their parents/guardian benefited from a talk on Behaviour change and Hygiene from the Madam Grace, the Human Resource Officer at ASN Upendo Village. The pupils attending the meeting engaged in drawing and painting activities to enhance their creativity skills.



Photo 6. Grace the HR at ASN Upendo Village giving a talk to sponsored students with their parents/guardians during the Academic day.



Photo 7. Sr. Dr. Florence Muia Addressing students and parents/guardians during Academic Day

Prior to the academic meeting with the sponsored pupils/students, the department was able to analyze the academic results for Term II, 2025. The pie chart herein gives a summary of the primary school results analysis. Four pupils out the 6 sponsored kids in primary school who are under the Competence based curriculum had Met Expectation (ME) and 2 were Approaching Expectation (AE). All the students who had performed well academically were awarded during academic day. Contrary to expectation, a majority of the students especially in High school had not performed well due to lack of seriousness in their studies.

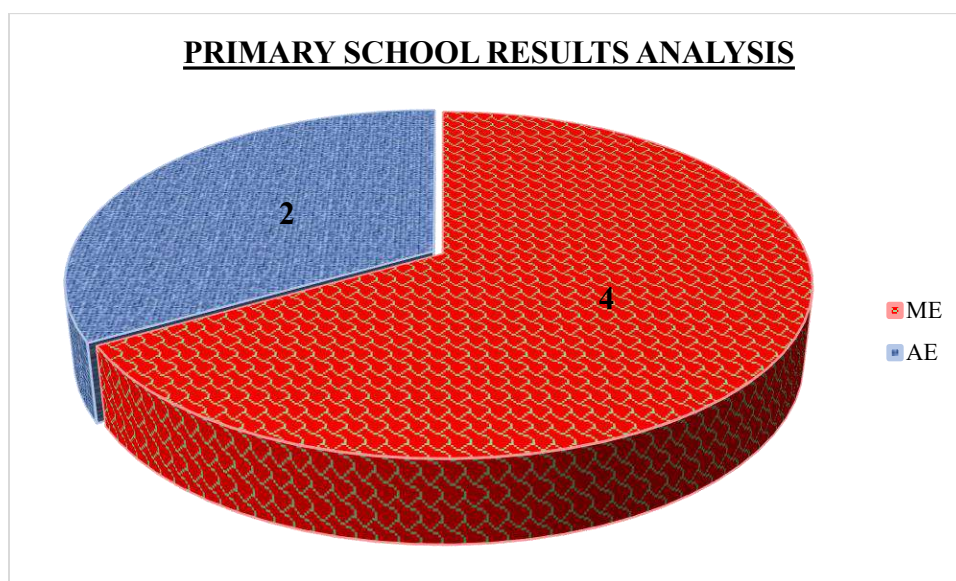




Photo 8. Sr. Dr. Florence Muia issuing gifts to some of the top performing students during Academic Day.



Photo 9 Sr. Dr. Florence Muia and Samuel posing with some of the best performing students together with their parent/guardians.



Photo 10. Students, parents/guardians being served with hot lunch during academic day.

The department in collaboration with the administration had to engage all students who did not perform well in academic counselling to shut the forward regarding their academic performance. Table 1.0 below gives a summary analysis of all high school students in different forms. As per the table herein 10 students in high school scored a mean grade of C- and above. 4 students across different forms scored a mean grade of D+ with another 9 scoring a mean grade of between D and D-. Two students did not submit their results due to varied reasons.

Table 1.0

MEAN GRADE	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E	Z	TOTAL
Form 2				1		3	1		1	1	1		1	9
Form 3						1				1		1	2	5
Form 4				1	1	2			2	2	1		1	10

TOTAL				2	1	6	1		3	4	2	1	4	24
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KEY

Z-No result.

The sponsorship program currently has a total 65 pupils/students distributed as follows; 5 in primary school, 33 in high school, 44 in technical school & vocational colleges. The number of students in the university is currently standing at 20 after two additional students joined university this year. The program has 8 students who are going to be clearing their courses in December 2023. Their graduations are scheduled for December 2023. The 1.1 herein shows the gender distribution of sponsored minors across different levels of studies.

Table 1.1: Genders distribution of sponsored students/pupils.

Type of institution	Boys	Girls	Total
Primary School	4	2	6
Secondary School	7	15	22
College/Technical School	13	10	23
University	11	5	16
TOTAL	35	32	67

Table 1.1: Genders distribution of sponsored students/pupils.

3.1. Achievements

1. Two students who qualified for admission under KUCCPS in 2025 were able to apply for HEF loan and scholarship successfully.
2. The Form 4 students of 2024 who gained admission via the KUCCPS were able to report to their respective schools in August 2025.

3.2. Challenges

1. Two students lost their sponsorship due to truancy.
2. Some students delayed to submit their academic results on time due to challenges emanating from their schools.

4. NUTRITION AND HOSPITALITY DEPARTMENT

During the reporting period of July to August 2025, the Nutrition and Hospitality Department focused on improving diet, food security, and overall nutritional wellbeing among our clients. The department carried out activities aimed at promoting self-reliance through kitchen gardens, enhancing nutrition knowledge, and providing direct nutritional support to both mobile and bedridden clients.

4.1. Objective 1: Improved diet and food security among target beneficiaries

- **Kitchen Gardens:** The department promoted self-reliance by encouraging clients to establish kitchen gardens. 1 Training session was held to equip beneficiaries with practical skills and 6 kitchen gardens established.
- **Food Supplement Awareness:** Awareness forums on food supplements were organized to sensitize clients on the importance of dietary diversity. 3 awareness forums were held during the period under review.
- **Nutrition Assessment and Counselling:** 6 sessions were conducted to assess the nutritional status of clients and provide personalized counselling.
- **Hygiene Awareness:** 3 Hygiene-related training was carried out to ensure safe food handling and reduce incidences of infections.



Photo 11 . Jacinta Mwende a staff at ASN Upendo Village educating clients on Kitchen Garden

4.2. Objective 2: Improved level of nutrition for all clients to boost their immunity

- **Home Visits:** 3 Weekly home visits were undertaken to monitor and assess clients' nutritional standards, especially those unable to visit the facility.
- **Nutrition Support for Bedridden Clients:** Bedridden clients were provided with nutrition assessment and counselling to address their specific health needs. 1 bedridden client by the name Grace under Town grandmothers ailing Cancer was visited during the period under review.
- **Nutrition Supplementation:** Nutritional supplements were provided to 602 clients in need to boost immunity and prevent malnutrition-related complications.



Photo 12. Rosemary a staff at ASN Upendo Village issuing food staff to clients

4.3. ACHIEVEMENTS

- The department made notable progress in improving diet, food security, and nutritional health among clients during the July–August 2025 period.
- Fed 50 kids, teenagers and guardians during KIDs Club meeting.

- Fed 100 students and guardians during academic day meeting.



Photo 13. Jacinta Mwende serving food to parents and students during kids club meeting.

4.4. CHALLENGES

- Limited resources to expand kitchen gardens to all clients.
- High demand for nutritional supplementation compared to available stock.
- Some clients were difficult to reach during home visits due to distance and accessibility issues.

4.5. WAYFORWARD

- Increase follow-up and refresher training on kitchen gardens to ensure sustainability.
- Enhance collaboration with other departments for wider coverage during home visits.
- With continued support, the Nutrition and Hospitality Department is committed to scaling up interventions that will enhance the health and wellbeing of all beneficiaries.

5. SOCIAL WELFARE AND GENDER DESK DEPARTMENT

The Social Welfare Department is an entry point for clients who walk in with social problems and HIV/AIDS diagnosis. During the month of July and August 2025, the department held support group meetings with the clients. A meeting for the kids, teenagers, their parents and guardians was held on 13th August 2025. To date, ASN Upendo Village has served over fifteen thousand beneficiaries in various groups. This report highlights the activities of the department for the period from July to August 2025.

5.1. SUPPORT GROUP

A support group can be crucial to the wellbeing of newly diagnosed people and those who are ill. *Peer support* has proven *effective* in reducing stigma, enhancing coping mechanisms, and motivating treatment adherence. An HIV diagnosis can be very isolating, as people often cut themselves off from the world when diagnosed with HIV. When one is alone, he will be thinking that he is the only one who is having HIV. People link isolation to poor health, depression and even suicide. Going to a support group for people with HIV is a reliable way to get support. Support groups help build confidence and strength. It can be hugely inspiring if people can see other people who are in the same boat.

5.2. EFFECTS OF HALTING ANTIRETROVIRAL MEDICATIONS FOR HIV

Crisis is looming following the withdrawal of USAID programmes. According to World Health Organization (WHO), eight countries including those in Africa could run out of antiretroviral treatment for HIV for months due to the U.S. aid freeze. What this means is that more than three million (3m) HIV-related deaths, as supply of life-saving drugs have been disrupted in countries hit hardest by the scourge. More than twenty million (20m) people in more than fifty countries were depending on U.S. funding to provide antiretroviral therapy for HIV.



Photo 14. *A client sharing about her future plans*



Photo 15. *Members of a Sub Support group in a discussion*

5.3. KIDS CLUB AND TEENAGERS

HIV is the second largest cause of death for young people (ages 10-24) worldwide and the leading cause of death in Africa. The need to prioritize young people, particularly adolescents, in HIV prevention, treatment, care and support has never been greater. However, numerous barriers mean adolescents are far less likely to be on antiretroviral treatment (ART) or virologically suppressed than adults. Many children (<10 years) on ART cease treatment during adolescence, falling through the gaps as they move from child to adult services. UNICEF estimates that 72% of the 2.1 million adolescents living with HIV acquire it due to parental transmission yet stigma can lead families to keep their HIV status secret, leaving young people no space to ask questions or voice their concerns. UNAIDS (12 August, 2015). HIV positive adolescents and young people living with HIV are at the heart of ASN Upendo Village project, mentoring and walking with them as they continue with their treatment.

On 13th August 2025, the team held a meeting with Kids club members, teenagers and their guardians and their parents. Kids matched patterns and were taught on hygiene, adolescents were taught on influence on adolescents, while teenagers had a discussion on teenage issues and guardians and parents had a discussion on managing adolescent problems.



Photo 16. *Grace sharing the word of God during Kids and Teenagers meeting*



Photo 17 **Grace with kids' club members**



Photo 18. **Felista sharing with adolescents**



Photo 19. **Elly in a discussion with teenagers**



Photo 20. **Brigid sharing with the parents and guardians**

5.4. CLIENT ENROLMENT

During the month of July 2025, we enrolled 4 HIV positive women, 2 household members and 19 orphan vulnerable children respectively. In August 2025 we enrolled five HIV positive women, one child, 3 OVCs and 1 household member.

Below is a table showing the enrolment.

Figure 4.1

Clients Served	July. 2025	Aug. 2025	Cumulative
HIV Positive Women	4	1	2,659
HIV Positive Men	0	0	828
HIV Positive Children	0	0	398
Household Members	2	0	3,873
Orphan Vulnerable Children (OVCs)	19	0	7,686
Total served since project inception	25	0	

Table: Enrolment



Photo 21. Brigit a staff at ASN Upendo Village enrolling a new client.

5.5. GRANDMOTHERS PROJECT

The grandmothers' project empowers the members to generate income and put a meal on the table as they continue to take care of the orphaned grandchildren.



Photo 22. A grandmother and guardian heading home after their meeting and receiving food supplements.

5.6. ACHIEVEMENTS

- ❖ The senior support groups are doing well. Members started merry go round contributions to cater for their needs.
- ❖ Social Stigma in the community and among clients has reduced
- ❖ Clients are always grateful for the continued support from ASN Upendo Village.
- ❖ Majority of the clients are cooperative.
- ❖ ASN Upendo Village has supported over fifteen thousand clients
- ❖ Clients are leading dignified lives
- ❖ ASN Upendo Village continues to empower clients to lead dignified and fulfilling lives.

5.7. CHALLENGES

- ❖ Now, many face an uncertain future after more than 80% of USAID programmes were scrapped following a six-week review to see if they aligned with Trump's "America First" policy.
- ❖ In July 2025 we lost one (1) client to opportunistic infections.
- ❖ United Nations AIDS agency (UNAIDS) said there were reports of panic and hoarding of medication by people living with HIV.
- ❖ The sudden pause of global HIV response had an immediate impact on the delivery of life-saving HIV medicines. The funding cuts have already resulted in thousands of health workers being sent home, programs discontinued and reduced access to HIV prevention. The move could threaten the 40 years of work that has gone into ending the AIDS epidemic.
- ❖ Inflation, climate-related issues and nationwide and global economic pressure have collectively affected the country and low-income households have been hit hardest.

6. DISPENSARY

6.1. Services offered in ASN Upendo Village Dispensary

Services Offered	1 st month JULY 2025	2 nd month AUGUST 2025	Totals
Outpatient Department (OPD)	377	291	668
Child Welfare Clinic (CWC)	97	95	192
Antenatal Clinic (ANC)	4	8	12
Comprehensive Care Clinic (CCC)	89	78	167
Voluntary Counseling and Testing (VCT)	3	10	13
Laboratory Tests	137	221	358
Dental	26	38	64

6.2. Top 10 institutional diseases for over 5 years and under 5 years

Top 10 institutional diseases for over 5 years	
1	Upper respiratory tract infections
2	Lower respiratory tract infection
3	Other injuries
4	Diabetes
5	Hypertension
6	pneumonia
7	Disease of joint
8	Urinary tract infection
9	Skin infections
10	amoebiasis

6.3. Activities held

CME Activity	Date	Presenter	Topic
CME	14/7/2025	LILIAN LANGAT	Dental numbering
CME	21/7/2025	ROSALIA MWAU	Blighted ovum
CME	4/8/2025	LUCY MUTHONI	VACCINATION
CME	12/8/2025	FRANCIS KAMANDE	Antacid drugs
CME	18/8/2025	JOYCE MUMBE	HIV in children

Any other activity you conducted over the period under investigation

NONE

7. ANNUAL EVALUATION

The first annual evaluation of the **ASN Upendo Village 2024–2029 Strategic Plan** was successfully conducted at the organization’s facility under the leadership of **Sr. Dr. Florence Muia, the Executive Directress**, in collaboration with the Project Development Office. This evaluation marked a critical milestone in the strategic plan cycle, offering an opportunity to review progress made in the first year of implementation. The session brought together all departmental heads, staff, and stakeholders, reaffirming ASN Upendo Village’s commitment to accountability, learning, and continuous improvement in service delivery.

Each department presented its yearly achievements, highlighting significant progress made toward the strategic objectives. Reports showcased successes in areas such as client empowerment through income-generating activities, improvements in nutrition and healthcare services, enhanced educational support for sponsored students, and sustained psychosocial and social welfare interventions for people living with HIV/AIDS and their families. These achievements demonstrated the organization’s holistic approach to transforming lives, strengthening resilience, and promoting dignity among its beneficiaries.

Alongside the successes, the evaluation also provided space for departments to reflect on the challenges experienced over the year. Issues such as limited resources, external funding cuts, economic pressures, and environmental factors affecting livelihoods were openly discussed. The process allowed for collective learning, with participants identifying adaptive strategies to overcome barriers and better align efforts with the long-term goals of the strategic plan. The evaluation concluded with a renewed commitment from leadership and staff to continue working collaboratively toward achieving the vision of ASN Upendo Village over the 2024–2029 period.



Photo 23. Sr Dr Florence Muia giving closing remarks during our annual evaluation



Photo 24. Carol one of ASN Upendo Village staff sharing her departments evaluation report

8. CONCLUSION

In conclusion, the July–August 2025 Bi-Monthly Report reflects ASN Upendo Village’s continued commitment to holistic community transformation through health services, education support, nutrition programs, income-generating activities, and psychosocial interventions. Despite economic challenges, funding gaps, and environmental constraints, the organization has demonstrated resilience and innovation in empowering beneficiaries and improving their quality of life. The successful completion of the first annual evaluation of the 2024–2029 Strategic Plan further strengthened accountability and learning, setting a clear path for adaptive strategies and renewed collaboration. ASN Upendo Village remains dedicated to its mission of restoring dignity, fostering resilience, and enhancing livelihoods for individuals and families under its care.