



**ASN UPENDO VILLAGE**

**BI-MONTHLY REPORT.**

**May- June, 2025.**

**SUBMITTED BY: ASN UPENDO VILLAGE, KENYA.**

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## Table of Contents

i.	List of Tables .....	3
ii.	List of Photos.....	4
iii.	Acronyms .....	5
1.	EXECUTIVE SUMMARY .....	6
2.	EDUCATION DEPARTMENT .....	7
2.1.	Achievements.....	8
2.2.	Challenges .....	8
3.	DISPENSARY .....	10
3.1.	Services offered in ASN Upendo Village Dispensary .....	10
3.2.	Top 10 institutional diseases for over 5 years and under 5 years.....	10
3.3.	Activities held.....	11
4.	SOCIAL WELFARE AND GENDER DESK DEPARTMENT .....	12
4.1.	Overview .....	12
4.2.	Support Groups .....	12
4.3.	Creating the Right Atmosphere .....	12
4.4.	Client Enrolment .....	13
4.5.	Grandmother's Project.....	13
4.6.	Day of the African Child .....	15
4.7.	Achievements.....	17
4.8.	Challenges .....	17
4.9.	Way Forward .....	17
5.	HOSPITALITY & NUTRITION DEPARTMENT .....	18
5.1.	Departmental Goal & Objectives .....	18
5.2.	Challenges .....	18
5.3.	Way forward .....	18
6.	CLIENT INCOME GENERATING ACTIVITIES .....	19
6.1.	Dairy Goats .....	19
6.2.	Improved Chicken .....	20

6.3.	Support Group .....	21
6.4.	Home Visits .....	22
6.5.	Demonstration Garden .....	22
6.6.	Issuance of Tree Seedlings.....	24
6.7.	Achievements.....	24
6.8.	Challenges .....	25
7.	CONFLICT PREVENTION, RESOLUTION AND MEDIATION TRAINING .....	26
8.	CONCLUSION.....	29

## **i. List of Tables**

Table 1 .....	8
Table 2 .....	10
Table 3 .....	11
Table 4 .....	11

## ii. List of Photos

Photo 1 From Left: Cynthia Njuguna, Sally Njoki, Dominic Musyoki, Joyline Ngenia & Lucy Wamaitha. ....	7
Photo 2 Sr. Dr. Florence Muia directing the graduates to cut their graduation cake. ....	8
Photo 3 Brigid sharing with Town Support group members .....	13
Photo 4 Brigid sharing with the grandmothers .....	14
Photo 5 Brigid and Felista (second left) posing for a group photo with grandmothers and a guardian.....	15
Photo 6 School children, their teachers and case workers .....	16
Photo 7 Day of the African Child processing .....	16
Photo 8 Prof Keen, Sr Dr Florence Muia, ASN Upendo Village staff and James Gatheru a dairy goat beneficiary. ....	19
Photo 9 Sr Dr Florence Muia, ASN Upendo Village staff and dairy goat beneficiaries posing for a photo.....	20
Photo 11. Prof Keen and Sr Dr Florence Muia issuing a pair of chicken to Mary a member of Mirera Support Group. ....	21
Photo 12 Prof Keen, Doris, Robert, Sr Dr Florence Muia, ASN Upendo Village staff and chicken beneficiary posing for a photo. ....	21
Photo 13 Felista and Elizabeth Kuruswe a dairy goat, improved chicken and water tank beneficiary.....	22
Photo 14 Boniface (gardener) attending to spinach on the demonstration garden.....	23
Photo 15 Demonstration garden after being installed with the drip irrigation system. ....	23
Photo 16 Felista and Tree seedling beneficiaries.....	24
Photo 17 Sr Dr Florence facilitating youth training.....	27
Photo 18 Sr Dr Florence Muia issuing a trophy to the winning team of girls.....	27
Photo 19 Sr Dr Florence Muia issuing trophy to the wining team of men.....	28
Photo 20 Sr Dr Florence Muia issuing a certificate to one of the participants.....	29

### **iii. Acronyms**

ART-----: Antiretroviral Therapy

SHA-----: social health Authority

OVC-----: Orphaned and vulnerable children

HIV-----: Human Immunodeficiency Virus

AIDS-----: Acquired Immune Deficiency Syndrome

# 1. EXECUTIVE SUMMARY

Between May and June 2025, ASN Upendo Village implemented a range of impactful activities across its departments to support the holistic wellbeing of its beneficiaries. In the **Education Department**, focus was placed on facilitating the return of all sponsored students to school for the new term, with smooth coordination among departments ensuring timely reporting across primary, technical, and university levels. The graduation of five students from AIC Naivasha Technical Training Institute marked a proud milestone, while the department continued to support 72 active students. Despite successes, challenges such as loss of sponsorship and exam retakes among technical students were noted.

In the **Health Department**, the dispensary served 905 outpatient cases, conducted 413 lab tests, and provided maternal and child health services to hundreds, with the most common ailments being respiratory infections and chronic diseases. The team also held three educational sessions for staff to build internal capacity. Meanwhile, the **Social Welfare and Gender Desk** remained a key pillar of psychosocial support, reaching 537 clients through support groups and enrolling five new HIV-positive clients along with OVCs and household members. The Grandmother's Project continued offering financial and emotional support, and staff participated in the Day of the African Child to promote children's rights advocacy.

The **Hospitality and Nutrition Department** contributed significantly to food security and nutrition through the establishment of kitchen gardens, nutrition assessments, and the distribution of balanced meals and supplements to over 550 beneficiaries. These efforts were complemented by support from donors and the administration. However, growing numbers of new clients, rising costs, and behavioral challenges were noted.

Finally, the **Client Income Generating Activities (CIGA)** program made notable strides in livelihood empowerment. Thirty clients received dairy goats, 120 improved chicks were distributed, and 150 fruit seedlings issued, benefiting numerous households. The demonstration garden, now equipped with a drip irrigation system, served as a learning hub, while support groups offered training in savings and credit management. Despite successes in economic empowerment and food production, the program continues to face economic and environmental challenges affecting full client participation.

From April 2nd to June 27th, 2025, ASN Upendo Village conducted a transformative Conflict Prevention, Resolution, and Mediation training for youth aged 18 to 35, aimed at equipping them to become peace ambassadors in their communities. The training combined classroom sessions with team-building and sports activities that fostered unity, empathy, and conflict resolution skills. A highlight of the program was its vibrant climax on June 27th, where participants competed in friendly games, with a trophy awarded to the winning team. Each participant also received a certificate of completion, affirming their readiness to lead peace initiatives. The training not only empowered the youth with practical tools but also nurtured leadership, collaboration, and a deep commitment to promoting peace at the grassroots level.

Overall, the reporting period demonstrated continued commitment by ASN Upendo Village to improving the lives of vulnerable individuals and families through education, healthcare, psychosocial support, nutrition, and sustainable income generation.

## 2. EDUCATION DEPARTMENT

The department during the late part of April and early May 2025 was busy facilitating most of the sponsored pupils/students to return back to their respective school for a new term/semester. The sponsored pupils in primary school reported back for a new term on April 29<sup>th</sup>, 2025 while the Technical School students resumed for a new term from May 5<sup>th</sup> to May 9, 2025. All the sponsored university students reported back on diverse dates according to their respective institution academic calendar. The department in collaboration with the Administration and Accounts department worked tirelessly to ensure they reported back to their respective schools on the scheduled dates.

The department on May 30<sup>th</sup> 2025 witnessed the graduation of five students from AIC Naivasha Technical Training Institute after successfully completing their respective certificate courses. These students were: Cynthia Njuguna (Hair Dressing & Beauty), Sally Mirau (Food & Beverage), Dominic Musyoki (Motor Vehicle Mechanics), Joyline Ngenia (Food & Beverage) and Lucy Wamaitha (Masonry & Plumbing). The department staff i.e. Samuel Maina and Eunice Nthenya represented the Upendo Family in the graduation ceremony.



**Photo 1 From Left: Cynthia Njuguna, Sally Njoki, Dominic Musyoki, Joyline Ngenia & Lucy Wamaitha.**





**Photo 2** Sr. Dr. Florence Muia directing the graduates to cut their graduation cake.

The sponsorship program is currently having 72 active pupils/students. Those in primary school are 6. The number of sponsored students in high school is 31. The number of students in Technical schools is 21 after 5 of them graduated after successfully completing their courses. The total number of active students at the university level is 15 as depicted by table 1.0 below.

Type of institution	Boys	Girls	Total
Primary School	4	1	5
Secondary School	10	21	31
College/Technical School	10	11	21
University	10	5	15
<b>TOTAL</b>	<b>34</b>	<b>38</b>	<b>72</b>

**Table 1**

## 2.1. Achievements

1. Five students in Technical school graduated after successfully completing their respective certificate courses.



2. The department was able to convince one poor performing students in high school to join Technical School.

## **2.2. Challenges**

- i. A number of students in Technical schools have been reluctant to re-sit their KNEC exam papers after failing some exams thereby derailing their course clearance.
- ii. Two students lost their sponsorship due to Truancy

### 3. DISPENSARY

The Bi-monthly report for ASN Upendo Village Dispensary covering May and June 2025 highlights a range of healthcare services provided, with a total of 905 outpatient visits, 161 child welfare consultations, 31 antenatal care visits, 174 clients served at the Comprehensive Care Clinic (CCC), 15 individuals counseled and tested under VCT, 413 laboratory tests conducted, and 57 dental procedures performed. The most common illnesses treated among patients over five years included respiratory infections, diabetes, hypertension, and skin infections. Additionally, the dispensary held three Continuous Medical Education (CME) sessions on endometriosis, bronchitis, and drug and substance abuse, presented by staff members. No other additional activities were reported during this period.

#### 3.1. Services offered in ASN Upendo Village Dispensary

Services Offered	1 <sup>st</sup> month May 2025	2 <sup>nd</sup> month June 2025	Totals
Outpatient Department (OPD)	514	391	905
Child Welfare Clinic (CWC)	87	74	161
Antenatal Clinic (ANC)	23	8	31
Comprehensive Care Clinic (CCC)	87	87	174
Voluntary Counseling and Testing (VCT)	8	9	15
Laboratory Tests	232	181	413
Dental	21	36	57

Table 2

#### 3.2. Top 10 institutional diseases for over 5 years and under 5 years

Top 10 institutional diseases for over 5 years	
1	Upper respiratory tract infections
2	Lower respiratory tract infection
3	Other injuries
4	Diabetes
5	Hypertension
6	pneumonia
7	Disease of joint
8	Urinary tract infection

9	Skin infections
10	amoebiasis

**Table 3**

### **3.3. Activities held**

<b>CME Activity</b>	<b>Date</b>	<b>Presenter</b>	<b>Topic</b>
CME	13/5/2025	Lucy Muthoni	Endometriosis
CME	20/5/2025	Wilfon Tonui	Brochitis
CME	17/6/2025	Francis kamande	Drug and substance abuse

**Table 4**

## 4. SOCIAL WELFARE AND GENDER DESK DEPARTMENT

**Goal:** To empower people affected and infected by HIV and AIDS to live with respect, dignity and self-esteem.

### 4.1. Overview

The Social Welfare office is an oasis for clients who turn to us for psycho-social and nutritional support. Everyone has a purpose in life, a unique gift or special talent to give to others. During the period under review, the Social Welfare in line with the Strategic Plan carried out various activities to achieve its general goal as pertained the strategic objective. This report outlines activities conducted during the months of May and June starting with support groups.

### 4.2. Support Groups

Living with HIV can be challenging. For some, it becomes helpful to find the support of others living with HIV through support groups and peer counseling. Others prefer to be more private, confiding only in a few close friends and family members. Majority of women notably join support groups as compared to their male counterparts. We have encouraged support group members to form sub support groups at the community level. Through the sub support groups, members get together to share information, encouragement, helping each other with caregiving when a member gets sick.

### 4.3. Creating the Right Atmosphere

ASN Upendo Village ensures that support groups provide a space that is safe, confidential, and welcoming. *People living with HIV who participate in support groups* often take better care of themselves and are less likely to feel isolated or depressed. “*There is immense power when a group of people with similar interests get together to work toward the same goals.*” – Idowu Koyenikan. Through support groups, women have the opportunity to learn about HIV, provide support for other women, develop leadership skills, set boundaries, gain respect, and grow their self-esteem and confidence. Through your groups, women can learn that they are not alone, they have a family they chose to support them as they live with HIV. During the period under review, the members were taken through ‘Side Effects of ARVS and Financial Literacy – Debt Management.’ A total of

300 (M 45 F 255) and 237 (M 39 F 198) attended their respective support group meetings in May and June 2025 respectively.



**Photo 3 Brigit sharing with Town Support group members**

## 4.4. Client Enrolment

During the period under review, we enrolled 5 HIV positive clients (M 2, F 3) as new clients. In addition, we registered 10 OVCs and 2 household members.

Clients Served	Jan. 2025	Feb. 2025	Cumulative
HIV Positive Women	4	3	2,654
HIV Positive Men	0	2	828
HIV Positive Children	0	0	398
Household Members	3	2	3,873
Orphan Vulnerable Children (OVCs)	14	10	7,665
<b>Total served since project inception</b>	<b>21</b>	<b>17</b>	

**Table: Client Enrolment**

## 4.5. Grandmother's Project

**Aim:** To empower the grandmothers to realize their full potential

Grandmothers play a critical role in family and community life in societies all around the world, especially in caring for young children. ASN Upendo Village Grandmothers receive social and nutrition support during their monthly meetings. They discuss issues affecting them and encourage each other in sharing experiences of bringing up the orphans. The members are empowered with interest free loans to generate income as they bring up the orphans.



**Photo 4 Brigit sharing with the grandmothers**





**Photo 5 Brigit and Felista (second left) posing for a group photo with grandmothers and a guardian**

## **4.6. Day of the African Child**

The 2025 theme, “**Planning and Budgeting for Children's Rights: Progress Since 2010,**” offers a timely opportunity to assess how far we've come in placing children at the heart of public investment—and where we must go next. This year's commemoration is not just a moment of reflection, but a powerful call to action. The children’s issues in planning and budgeting by Member States of the AU and further encourage States to assess and reform their mechanisms of budgeting and planning to adopt a child rights-based approach. A staff attended the event which was held on 16<sup>th</sup> June 2025 at Naivasha town.





Photo 6 School children, their teachers and case workers



Photo 7 Day of the African Child processing

## **4.7. Achievements**

- ✚ The clients appreciate the support they receive from ASN Upendo Village and remain committed in the support groups.
- ✚ The provision of nutritional supplements has ensured good health and delayed progression from HIV to AIDS in clients.
- ✚ Health talks have provided the clients coping skills

## **4.8. Challenges**

- ✚ Some clients are uncooperative
- ✚ High cost of living has pushed many people including our clients to the edge
- ✚ Some clients are still on the streets as commercial sex workers and a few continue to languish in alcoholism.
- ✚ Most of the HIV positive teenagers don't attend the meetings because of self-stigma.

## **4.9. Way Forward**

- ✚ The department will continue educating and counseling clients on behavior change and stigma.
- ✚ The department will continue to emphasize on attendance of meetings.
- ✚ To continue promoting discipline, and emphasizing on good adherence to ARVS through health talks.

## **5. HOSPITALITY & NUTRITION DEPARTMENT**

### **5.1. Departmental Goal & Objectives**

#### **GOAL:**

To enhance quality of life for clientele (By propagating good health, improved nutritional status and more productive lives)

#### **OBJECTIVES**

##### **i. To improve diet and food security among target beneficiaries**

3 kitchen gardens were established during the period under review where by the clients planted kales, spinach, arrow roots, onions and maize.

##### **ii. To improve level of nutrition for all clients to boost their immunity**

During the two months' period, the department in collaboration with social welfare department conducted 6 home visits to assess clients' nutritional standards and provided nutrition assessment and counselling to also the bedridden clients.

##### **iii. Food supplements distribution**

During the period under review, we fed the clients a well- balanced lunch and afterwards we distributed nutritional supplements such as Maize flour, Special Porridge and Beans to take home. This was made possible through the support of administration department, well-wishers and donors.

During the two months' period, the department issued nutrition supplements to a total of 537 members of support group and 22 grandmothers.

### **5.2. Challenges**

- Increased number of new clients during the support group meeting.
- Gradual increase in the cost of living.
- Low employment opportunities.
- Indiscipline among the clients.

### **5.3. Way forward**

- ▶ Strengthen client capacity and self-reliance.
- ▶ Continue training on climate resilient gardening methods.
- ▶ Continue working towards achieving the departmental objectives.



## 6. CLIENT INCOME GENERATING ACTIVITIES

The Client Income-Generating Activities program empowered clients and grandmothers/guardians through projects like; dairy goats' rearing; indigenous poultry rearing, interest-free loans, water tanks, tree planting and solar lamps. The program has also continued to provide an alternative source of livelihoods to the clients as well as empowering them to be self-reliant in order to break the cycle of poverty.

### 6.1. Dairy Goats

In the months under review, 30 clients were issued with dairy goats. These goats will help beneficiaries improve their livelihoods through nutritional support.

Still over the period under consideration, 2 clients reported that their goats kidded and they were using the milk to supplement their diet.



**Photo 8** Prof Keen, Sr Dr Florence Muia, ASN Upendo Village staff and James Gatheru a dairy goat beneficiary.



Sr Dr Florence Muia



Sr Dr Florence Muia

**Photo 9** Sr Dr Florence Muia, ASN Upendo Village staff and dairy goat beneficiaries posing for a photo.

## 6.2. Improved Chicken

During the period under review, a total of 120 chicks were issued to clients benefitting 660 households. Each client received one male and one female chick.





**Photo 10. Prof Keen and Sr Dr Florence Muia issuing a pair of chicken to Mary a member of Mirera Support Group.**



**Photo 11 Prof Keen, Doris, Robert, Sr Dr Florence Muia, ASN Upendo Village staff and chicken beneficiary posing for a photo.**

### **6.3. Support Group**

During the period under review, 559 clients and grandmothers attended their various support group meetings. The clients were provided with training on savings and credit management practices.

## 6.4. Home Visits

Over the course of the review period, 2 families were visited. In these visits, monitoring of various projects that they have ventured in was done.



Photo 12 Felista and Elizabeth Kuruswe a dairy goat, improved chicken and water tank beneficiary.

## 6.5. Demonstration Garden

The garden continues to act as a demonstration to our clients. Through the knowledge gained, clients are able to cultivate a variety of vegetables on their limited piece of land.





**Photo 13 Boniface (gardener) attending to spinach on the demonstration garden.**



**Photo 14 Demonstration garden after being installed with the drip irrigation system.**



## 6.6. Issuance of Tree Seedlings

In the months under review, 150 fruit seedlings were issued to clients. This will not only support their individual goals but also enhance both financial and environmental sustainability.



Photo 15 Felista and Tree seedling beneficiaries.

**Felista and Maai mahiu support group members and senior members posing for a photo with their fruit tree seedlings.**

## 6.7. Achievements

- ❖ Most of the clients' households have water tanks and are able to harvest fresh and clean water for domestic use.
- ❖ Through empowerment, many clients have embarked on agribusiness. This helps to increase food security.

- ❖ Dairy goat beneficiaries are able to access nutritious goat milk which helps them to supplement their compromised health.
- ❖ The empowerment (Such as goats and chicken issuance etc) has enabled clients to pay school fees, pay rent, buy basic necessities among others and also use the manure which helps in enriching farm's soil thus increasing productivity.
- ❖ Clients acquire new skills through training programs, enhancing their ability to manage and grow their businesses
- ❖ We successfully installed drip irrigation in our demonstration garden.

## **6.8. Challenges**

- ❖ Increased cost of living hence clients are struggling to put a meal on the table.
- ❖ Fluctuating weather patterns.
- ❖ Clients are hesitant to embrace entrepreneurship due to the challenging economic conditions.
- ❖ Limited savings to invest in income generating activities.

## 7. CONFLICT PREVENTION, RESOLUTION AND MEDIATION TRAINING

The Conflict Prevention, Resolution, and Mediation training held at ASN Upendo Village from 2nd April to 27th June 2025 brought together young people aged 18 to 35 years from diverse backgrounds with one common goal to become agents of peace in their communities. Over the course of nearly three months, the participants engaged in a carefully structured program that combined classroom-based learning with practical, hands-on experiences. Topics such as root causes of conflict, effective communication, negotiation, restorative justice, and the role of youth in peacebuilding were explored in depth. The sessions were interactive and dynamic, allowing participants to reflect on real-life situations and develop practical strategies for managing disputes without resorting to violence.

In addition to classroom sessions, the training featured a variety of team-building exercises and sporting activities designed to promote unity, trust, and collaboration among the participants. These activities were not just recreational they were learning experiences that helped participants internalize values like respect, patience, listening, and empathy. For many of the youth, this was their first opportunity to interact across tribal, religious, and social lines in such a purposeful and constructive way. The friendships and bonds formed during this time became a powerful symbol of the peace the program hopes to foster beyond the training grounds.

The climax of the training, held on 27th June 2025, was a vibrant celebration of transformation and commitment. Youth participants shared testimonies of how the training had shifted their perspectives and empowered them to take proactive roles in resolving conflict in their homes, schools, churches, and communities. The day was filled with energy and celebration as sports teams faced off in friendly competition, culminating in the awarding of a trophy to the winning group symbolizing not just athletic achievement, but the power of unity and cooperation. In recognition of their dedication, each participant received a certificate of completion, validating their training and strengthening their credibility as peace ambassadors in their respective communities.

The issuance of certificates at the end of the training served as a formal endorsement of the skills and knowledge the participants had acquired. For many, it was a milestone achievement that signified growth, responsibility, and readiness to lead peacebuilding initiatives at the grassroots level. These certificates will not only enhance their confidence but also improve their opportunities to engage in community dialogues, civic engagement, and even future employment or volunteer opportunities in the peace and development sector. The trophy awarded to the winning sports team further fostered a spirit of healthy competition and camaraderie, reminding all present that peacebuilding can be both serious and joyful work. With continued donor support, programs like this will continue to uplift, equip, and inspire the next generation of changemakers.





Photo 16 Sr Dr Florence facilitating youth training



Photo 17 Sr Dr Florence Muia issuing a trophy to the winning team of girls



Photo 18 Sr Dr Florence Muia issuing trophy to the wining team of men





**Photo 19 Sr Dr Florence Muaia issuing a certificate to one of the participants.**

## 8. CONCLUSION

The May–June 2025 reporting period at ASN Upendo Village reflects significant progress in delivering comprehensive, integrated support to vulnerable individuals and families. Across all departments Education, Health, Social Welfare and Gender, Hospitality and Nutrition, and Client Income Generating Activities remarkable strides were made in enhancing access to education, improving health outcomes, promoting food security, and building sustainable livelihoods. These achievements were made possible through strong interdepartmental collaboration, committed staff, support from donors, and the resilience of our clients. While challenges such as economic hardship, climate variability, and behavioral barriers remain, the organization remains steadfast in its mission to empower communities with dignity and compassion. Continued focus on client capacity-building, innovation, and targeted support will be key to sustaining impact and transforming lives in the months ahead.