



ASN UPENDO VILLAGE

BI-MONTHLY REPORT.

March- April, 2025.

SUBMITTED BY: ASN UPENDO VILLAGE, KENYA.

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iii. Acronyms

NHIF-----: National Health Insurance Fund

ART-----: Antiretroviral Therapy

SHA-----: social health Authority

KUCCPS---: Kenya Universities and Colleges Central Placement Service

CBC-----: Competency Based Curriculum

OVC-----: Orphaned and vulnerable children

HIV-----: Human Immunodeficiency Virus

AIDS-----: Acquired Immune Deficiency Syndrome

1. EXECUTIVE SUMMARY

The March–April 2025 reporting period marked a season of significant activity and community impact for ASN Upendo Village across all its core departments. In the **Education Department**, the team remained actively engaged following the April school holidays. An academic day held on April 23rd brought together 89 participants, including junior and technical school students. The day featured academic report collection, school fees processing, and college application support. While Form 2 students showed encouraging academic results, Form 3 students underperformed, with challenges attributed to delayed reporting due to floods and increased truancy among technical school teens. Nevertheless, the department successfully monitored 98% of all sponsored students during the term.

In the **Client Income-Generating Activities program**, clients and guardians continued receiving vital support through projects such as dairy goat and poultry rearing, **beekeeping**, and interest-free loans. From support group meetings attended by 647 individuals to the issuance of 250 fruit and tree seedlings and the sustained use of a demonstration garden, the program strengthened livelihoods and promoted sustainability. Home visits helped assess progress, while improved access to clean water and nutritious goat milk enhanced food security. However, economic challenges such as high living costs, unpredictable weather, and limited capital for investment continued to impact client outcomes.

The **Social Welfare and Gender Desk Department** remained steadfast in empowering individuals and families affected by HIV/AIDS. During this period, 30 new clients were enrolled. Events such as International Women’s Day and youth-focused activities, including a Kids and Teenagers Club meeting, addressed essential topics like gender equality, social media’s impact, parenting, stress management, and peer pressure. Grandmothers were offered specialized training, and clients continued to receive nutrition support and **infant formula**. Despite these successes, persistent challenges included loss of clients due to illness, lack of consistency in health scheme participation, substance use, and ongoing economic pressures such as rising inflation.

Meanwhile, the **Nutrition and Hospitality Department** advanced its mission to improve food security and client health. Two households were assessed and supported with tailored, nutrient-rich dietary plans. Weekly home visits provided nutrition education, hygiene checks, and dietary monitoring. A total of 631 clients and 64 grandmothers received essential food supplements including maize flour, beans, and special porridge flour. During a Kids Club meeting, 45 children and guardians received a nutritious meal and take-home food supplements, further reinforcing dietary guidance.

Finally, the **ASN Upendo Village Dispensary** delivered comprehensive medical services, recording 825 outpatient consultations, 172 child welfare clinic visits, 192 clients under HIV care (CCC), 24 individuals accessing voluntary counseling and testing (VCT), and 501 laboratory tests. Dental services were also provided to 55 clients. The most common conditions treated included respiratory infections, amoebiasis, gastritis, hypertension, and typhoid fever. Five Continuing Medical Education (CME) sessions were conducted for staff, covering critical health topics such as HIV testing procedures, antibiotics, neonatal sepsis, oral hygiene, and menstruation.

Overall, this report reflects a strong commitment to improving the well-being of the community through education, health services, social welfare support, and sustainable livelihoods, despite facing various challenges.

2. EDUCATION DEPARTMENT

Right after the schools closed for the April holiday there was a high level of activity in the department as students came in to submit their academic results, receipts etc. The department as a result had to engage in a number of activities ranging from organizing academic days, collecting reports cards, analyzing students' results, processing school fees payments etc. As a tradition, the department during the period under consideration managed to organize one academic days owing to a decline in the number of sponsored kids. The academic day took place on April 23th and was attended by the sponsored students in junior school, technical schools and university together with their parents/guardians.

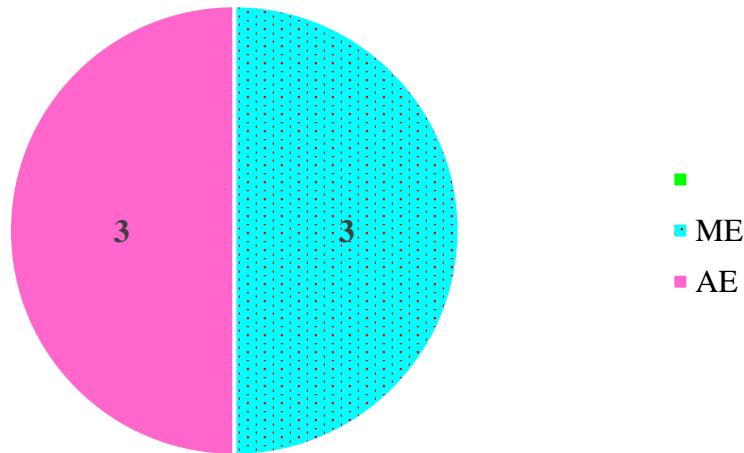
A total of 89 people attended the academic day: 45 students/pupils and 44 parents/guardians. The sponsored university students were not able to attend the academic day because they were sitting for their end of semester exams. Those in attendance during academic day, benefited from motivational talk from Herman Munyare a motivational speaker from Naivasha Technical and Vocational College.



Photo 1 Herman Munyare giving a motivational talk to students with parents/guardians during academic day.

The pie chart herein shows how the various students under CBC system performed. Currently, we have a total of 6 pupils in primary school. Three students met expectation at their respective grade level while 3 students were approaching expectation at their grade levels and only one student scored below expectation.

PRIMARY SCHOOL RESULTS ANALYSIS



The academic performance of High school students was analyzed two students Table 1.0 herein. Owing to the changes in the Kenyan Education system, this year we did not have students in Form 1 country wide. The Form 2 students' performance was fairly good in Term I and 7 out of 9 sponsored students managed to score a mean grade of C- and above with one student scoring a mean grade of D-. One student did not submit Term I results. The performance of the Form three students was not very pleasing as only one student out of 5 managed to score a mean grade of C- and above. The rest 4 had a mean grade of D+ and below. All students who had performed well were awarded.

Table 1.0

MEAN GRADE	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E	Z	TOTAL
Form 1														
Form 2					1		1	5			1		1	9
Form 3							1		2		2			5
Form 4					1	1	1	2	1	2	2			10
TOTAL					2	1	3	7	3	2	5		1	24

KEY

Z-No result



Photo 2. Herman awarding pupils/students during Academic Day.



Photo 3. Grace (HR Officer ASN Upendo Village) giving a talk on Self Awareness to sponsored kids with their parents/guardians



Photo 4. Herman, the Education team with some of the pupils/students who performed well accompanied by their parents/guardians.

2.1. Achievements

1. The department was able to hold one successful academic day.
2. The department was able to assist the sponsored students who had qualified to apply university/college chances to do so under KUCCPS system.
3. The department was able to monitor the academic performance of 98% of the sponsored students.

2.2. Challenges

1. A majority of high school students did not perform well academically in their first exam.
2. All learner under Basic education could not report to school on scheduled dates to floods in various parts of the country.
3. Some of our teenagers in Technical Schools are facing academic challenges arising from truancy.

3. CLIENT INCOME GENERATING ACTIVITIES

The Client Income-Generating Activities program empowers clients and grandmothers/guardians through projects like; dairy goats' rearing; indigenous poultry rearing; beekeeping; interest-free loans; water tanks; tree planting; solar lamps. The program has also continued to provide an alternative source of livelihoods to the clients as well as empowering them to be self-reliant in order to break the cycle of poverty.

3.1 DAIRY GOATS

In the months under review, two clients reported that their goats kidded and they were using the milk they get from the goat to supplement their diet.

3.2 SUPPORT GROUP

During the period under review, 647 clients and grandmothers attended their various support group meetings. The clients were provided with training on stress management and using technology and social media to enhance modern farming and business performance.



Photo 5. Felista Addressing town Support members

3.3. HOME VISITS

Over the course of the review period, 2 families were visited. In these visits, monitoring of various projects that they have ventured in was done.



Photo 6. Felista visiting Elizabeth a beneficiary of dairy goat, chicken and water tank

3.4. DEMONSTRATION GARDEN

The garden continues to act as a demonstration to our clients. Through the knowledge gained, clients are able to cultivate a variety of vegetables on their limited piece of land.



Photo 7. Bonface attending to spinach at the demonstration garden.

3.5. ISSUANCE OF TREE SEEDLINGS

In the months under review, 150 fruit seedlings and 100 tree seedlings were issued to clients. This will not only support their individual goals but also enhance both financial and environmental sustainability.



Photo 8 Felista with senior members of Karai Support Group with their fruit tree seedlings



Photo 9. Mai Mahiu support group members receiving fruit tree seedlings

3.6. ACHIEVEMENTS

- ❖ Most of the clients' households have water tanks and are able to harvest fresh and clean water for domestic use.
- ❖ Through empowerment, many clients have embarked on agribusiness. This helps to increase food security.
- ❖ Dairy goat beneficiaries are able to access nutritious goat milk which helps them to supplement their compromised health.
- ❖ The empowerment (Such as goats and chicken issuance etc) has enabled clients to pay school fees, pay rent, buy basic necessities among others and also use the manure which helps in enriching farm's soil thus increasing productivity.
- ❖ Clients acquire new skills through training programs, enhancing their ability to manage and grow their businesses

3.7. CHALLENGES

- ❖ Increased cost of living hence clients struggle to put a meal on the table.

- ❖ Fluctuating weather patterns.
- ❖ Clients are hesitant to embrace entrepreneurship due to the challenging economic conditions.
- ❖ Limited savings to invest in income generating activities.

4. SOCIAL WELFARE AND GENDER DESK DEPARTMENT

Social Welfare and Gender Desk Department aims to empower people affected and infected by HIV and AIDS to live with respect, dignity and self-esteem. This report highlights the activities undertaken in the period under consideration.

4.0 Support Group

Care and support are important for the following reasons: To facilitate immediate access to treatment when a person is diagnosed with HIV. To support adherence to treatment in order to attain viral suppression for people living with HIV, for the sake of their own health and to prevent infecting other people with HIV. Support groups are associated with *reduced mortality and morbidity*, increased retention in care and improved quality of life.

4.1 Client Enrolment

The table below displays client enrolment over the period under consideration (March – April 2025).

Table 2: Enrolment

Clients Served Cumulative	March 2025	April 2025	
HIV Positive women	5	4	2,647
HIV Positive men	0	0	826
HIV Positive children	0	0	398
House hold members	1	1	3,214
Orphan Vulnerable Children (OVC)	5	14	7,641
Total Enrolled	11	19	14,726



Photo 10. Felista sharing with Karai Support group members



Photo 11. Clients heading home after receiving nutritional supplements

4.2 International Women's Day

On 8th March 2025, we held the International Women's Day with Karai support group. The theme of the year was, "For ALL women and girls: Rights. Equality. Empowerment." This year's theme was a call for action that can unlock equal rights, power and opportunities for all and a feminist future where no one is left behind.



Photo 12. Sr. Dr. Florence Muia and Esther an official of Karai Support group cutting a cake to mark International Women's Day

4.3 Grandmothers Project

Grandparents are the custodians of family traditions and cultural heritage. They play a pivotal role in passing down cultural values, rituals, and customs, enriching their grandchildren's sense of identity and belonging. During the period under review, the grandmothers were taught on the Stress Management and the Impact of social media on children.



Photo 13. Staff sharing with the grandmothers during their meeting



Photo 14. Grandmothers enjoying a meal to commemorate International Women's Day

4.4 Kids Club and Teenagers Meeting

On 9th April 2025, we held Kids Club and Teenagers meeting. The meeting was attended by six kids, thirteen teenagers and nine guardians and parents. Teenagers were taught on Navigating opposite sex relationship/friendships, adolescents on dealing with Peer pressure while guardians and parents were taken through parenting. The department conducted a meeting with members of the Kids Club, teenagers, and their parents and guardians.



Photo 15. Grace sharing scripture with Teenagers, kids, their parents and guardians



Photo 16. Elly sharing with teenagers and youth



Photo 17. Grace sharing with parents and guardians

4.5. Achievements

- Social stigma in the community and among the clients has reduced
- Exposed babies continue to benefit from exclusive replacement feeding of infant formula milk
- Association Sisterhood of Kenya and other stakeholders

- Clients are grateful for the continued support from ASN Upendo Village

4.6. Challenges

- COVID-19 has impacted our activities and support group meetings
- We have lost seven clients to opportunistic infections and other illnesses.
- Most clients have not enrolled on SHA scheme and some of the enrolled clients are not consistent in paying and this poses a challenge when it comes to settling bills
- Some clients are still drinking alcohol even after talking to them and applying measures to deter them from the meetings.
- *According to Trading Economic, inflation Rate in Kenya increased to 4.10 percent in April from 3.60 percent in March of 2025. Inflation Rate.*

4.7. Way forward

We will continue sensitizing the clients and grandmothers on the dangers of alcohol and drugs.

5. NUTRITION AND HOSPITALITY DEPARTMENT

5.1. Objectives

To improve diet and food security among target beneficiaries.

Two households were identified and assessed for food security during the period under review.

Dietary plans were developed in consultation with the families, focusing on affordable, nutrient-rich local foods.

Target of 3 was achieved during the period under review.

To improve the level of nutrition for all clients to boost their immunity.

Activities done:

1. Undertake weekly home visits

During the period under review, 2 households were visited.

Each visit included nutrition education, monitoring of food usage and checking of dietary compliance.

Home environments were assessed for hygiene and food storage practices.

5.2. Provide nutrition supplementation to clients

Nutrition supplements such as maize flour, special porridge and beans were distributed to the clients during the period under review.

631 clients benefitted from the nutrition supplements.

64 grandmothers also benefited from the food supplements during the period under review.

Distribution was accompanied by education sessions on the use and benefits of supplements.

5.3. Achievements

Significant progress was made in achieving the set objectives, with positive outcomes reported across all targets.

The department prepared lunch and special porridge for 45 kids and guardians during the KIDS Club meeting.

Food supplements were issued to the kids to prepare at home such as maize flour, special porridge flour and beans.

6. DISPENSARY

The ASN Upendo Village Dispensary provided a range of health services during March and April 2025, recording a total of 825 outpatient visits, 172 child welfare consultations, 8 antenatal clinic visits, 192 clients in the Comprehensive Care Clinic (CCC), 24 individuals accessing Voluntary Counseling and Testing (VCT), 501 lab tests, and 55 dental consultations. The most common illnesses treated included respiratory infections, amoebiasis, gastritis, hypertension, and typhoid fever. Additionally, five Continuing Medical Education (CME) sessions were held, covering topics such as HIV testing, antibiotics, neonatal sepsis, oral hygiene, and menstruation. No other activities were conducted during this period.

6.1. Services offered in ASN Upendo Village Dispensary

Services Offered	1 st month	2 nd month	Totals
	MARCH 2025	APRIL 2025	
Outpatient Department (OPD)	393	432	825
Child Welfare Clinic (CWC)	87	85	172
Antenatal Clinic (ANC)	5	3	8
Comprehensive Care Clinic (CCC)	95	97	192
Voluntary Counseling and Testing (VCT)	13	11	24
Laboratory Tests	191	310	501
Dental	22	33	55

6.2. Top 10 institutional diseases for over 5 years and under 5 years

Top 10 institutional diseases for over 5 years	
1	Upper respiratory tract infections
2	Lower respiratory tract infection
3	Amoebiasis
4	Gastritis

5	Hypertension
6	Typhoid fever
7	Muscular skeleton disorders
8	Urinary tract infection
9	Skin infections
10	Other injuries

6.3. Activities held

CME Activity	Date	Presenter	Topic
CME	4/3/2025	Joyce Mumbe	New HIV kit and testing.
CME	11/3/2025	Francis Kamande	Types of antibiotics and their uses.
CME	18/3/2025	Lucy Muthoni	Neonatal sepsis.
CME	25/4/2025	Lilian Langat	Oral hygiene.
CME	29/4/2025	Rosalia mwau	Mensuration.

Any other activity you conducted over the period under investigation

NONE

7. CONCLUSION

In conclusion, the March–April 2025 bi-monthly report reflects ASN Upendo Village’s continued commitment to improving the lives of vulnerable individuals and families through a holistic approach that integrates education, health care, nutrition, social welfare, and economic empowerment. Despite facing challenges such as adverse weather, economic hardship, and health-related setbacks, each department demonstrated resilience and impact through dedicated service delivery, community engagement, and capacity-building efforts. The achievements recorded during this period affirm the effectiveness of the programs in promoting dignity, self-reliance, and overall well-being among the beneficiaries, while also highlighting the need for sustained support and adaptation to overcome ongoing challenges.