



ASN UPENDO VILLAGE

BI-MONTHLY REPORT.

January- February, 2025.

SUBMITTED BY: ASN UPENDO VILLAGE, KENYA.

SUBMISSION DATE: MARCH, 2025.

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iii. ABBREVIATIONS

NHIF-----: National Health Insurance Fund

ART-----: Antiretroviral Therapy

SHA-----: social health Authority

KUCCPS---: Kenya Universities and Colleges Central Placement Service

HELB-----: Higher Education Loans Board

OVC-----: Orphaned and vulnerable children

HIV-----: Human Immunodeficiency Virus

AIDS-----: Acquired Immune Deficiency Syndrome

HEF-----: Higher education funding

1. EXECUTIVE SUMMARY

The January-February 2025 reports from various departments at ASN Upendo Village highlight significant progress in empowering the community through education, income-generating activities, health, nutrition, and social welfare initiatives. The Education Department successfully ensured that sponsored students returned to school on time, with arrangements made for school fees and upkeep funds. Eight new students were enrolled, and home and school visits were conducted to monitor their progress. The department currently supports 75 students across various educational levels, though challenges included delays in HELB funding and truancy-related dropouts.

In the Client Income-Generating Activities program, the department continued to empower clients through projects like dairy goat rearing, poultry farming, and beekeeping. Three clients received dairy goats to supplement their diets, and 30 chicks were distributed to 15 households. Additionally, two interest-free loans were issued to grandmothers to help them expand their businesses. The program also provided financial management and hygiene training to 736 clients and grandmothers, with the ultimate goal of breaking the cycle of poverty.

The Hospitality & Nutrition Department focused on improving clients' health and nutrition by establishing four kitchen gardens, allowing clients to grow crops like kale, spinach, and maize. Nutritional supplements, including maize flour, porridge, and beans, were distributed to 688 support group members and 25 grandmothers. Despite challenges like an increase in new clients, rising living costs, and limited employment opportunities, the department's efforts aimed to promote food security and better health for the community.

The Social Welfare Department continued its work to empower clients affected by HIV/AIDS, holding 14 support group meetings focused on financial planning, marketing, and hygiene. Eighteen new HIV-positive clients were enrolled, along with 11 household members and 39 orphaned or vulnerable children (OVCs). The department also conducted home visits and introduced three new senior support groups to assist older clients. Despite challenges like poverty and risky sexual behaviors, the department remains committed to helping clients live with dignity and adopt healthier lifestyles.

Lastly, the ASN Upendo Village Dispensary provided essential healthcare services, including 767 outpatient visits, 180 child welfare consultations, and 61 postnatal check-ups. The dispensary also conducted 442 laboratory tests and provided Voluntary Counseling and Testing (VCT) services. A range of diseases, such as respiratory infections, diabetes, and hypertension, were treated. Continuing Medical Education (CME) sessions and a World Day of the Sick event were held to provide further health education. However, a challenge noted was a decline in client numbers due to the transition from NHIF to SHA.

Overall, these reports reflect a strong commitment to improving the well-being of the community through education, health services, social welfare support, and sustainable livelihoods, despite facing various challenges.

2. EDUCATION DEPARTMENT

The New Year started quite for the department with most of the sponsored kids reporting back to their respective institutions of learning on time. The continuing Primary, Secondary and Technical school resumed their studies on 6th January 2025. The students in Universities returned to school in January 2nd 2025 to go sit for the end of Semester exam before enrolling in a new semester. The Education department in partnership with the administration had made proper arrangements to ensure swift payment of their school fees and provision of upkeep funds to facilitate their timely return to school.

During the month of January 2025 the department, with the help of the Administration and the Social department managed to enroll 8 new students in the sponsorship program; one in primary school and seven in Secondary School. The newly sponsored students in primary and secondary school have already reported to their respective schools. The department also was able to carry out home and school visit during the period reviewed.

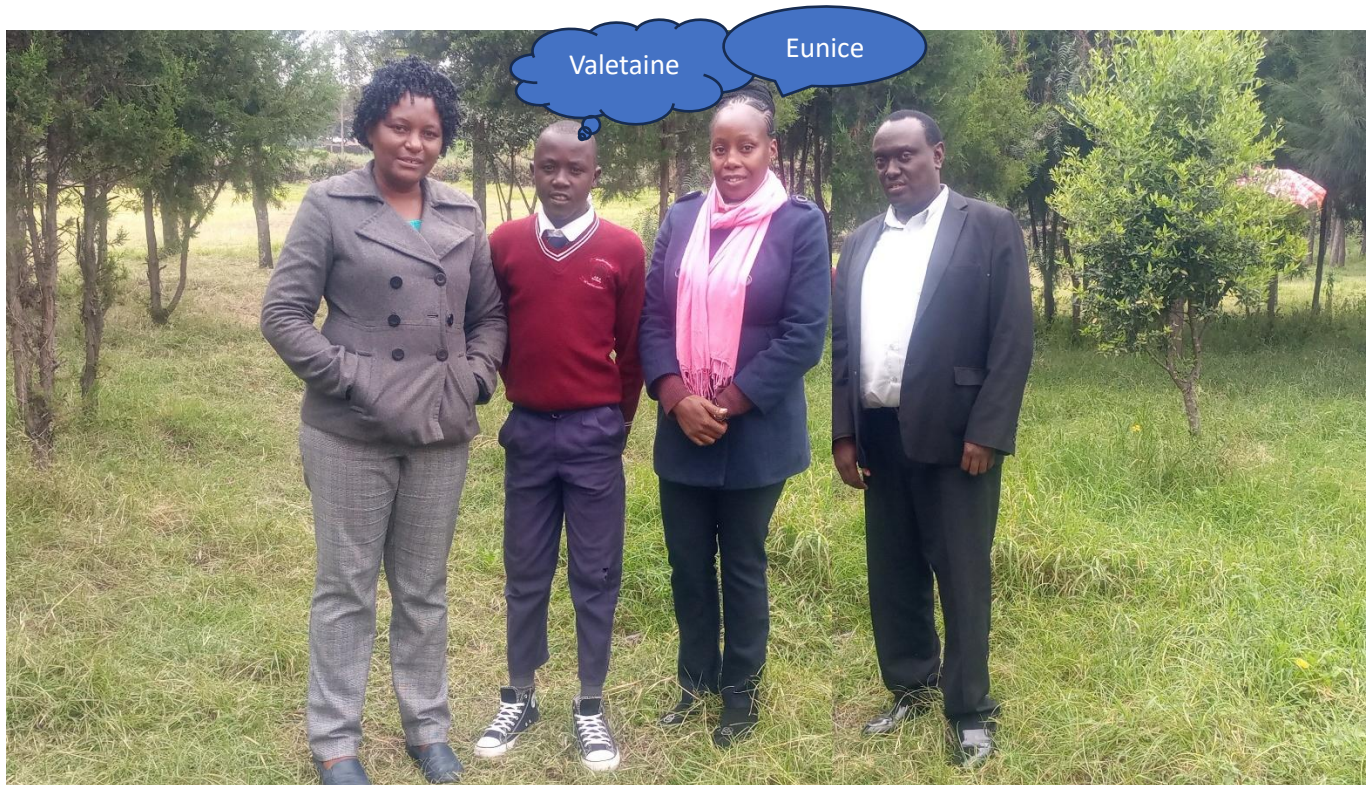


Photo 1. Samuel and Eunice with Valetaine Maina a sponsored student and his class teacher during a school visit at Nyamathi Comprehensive School.

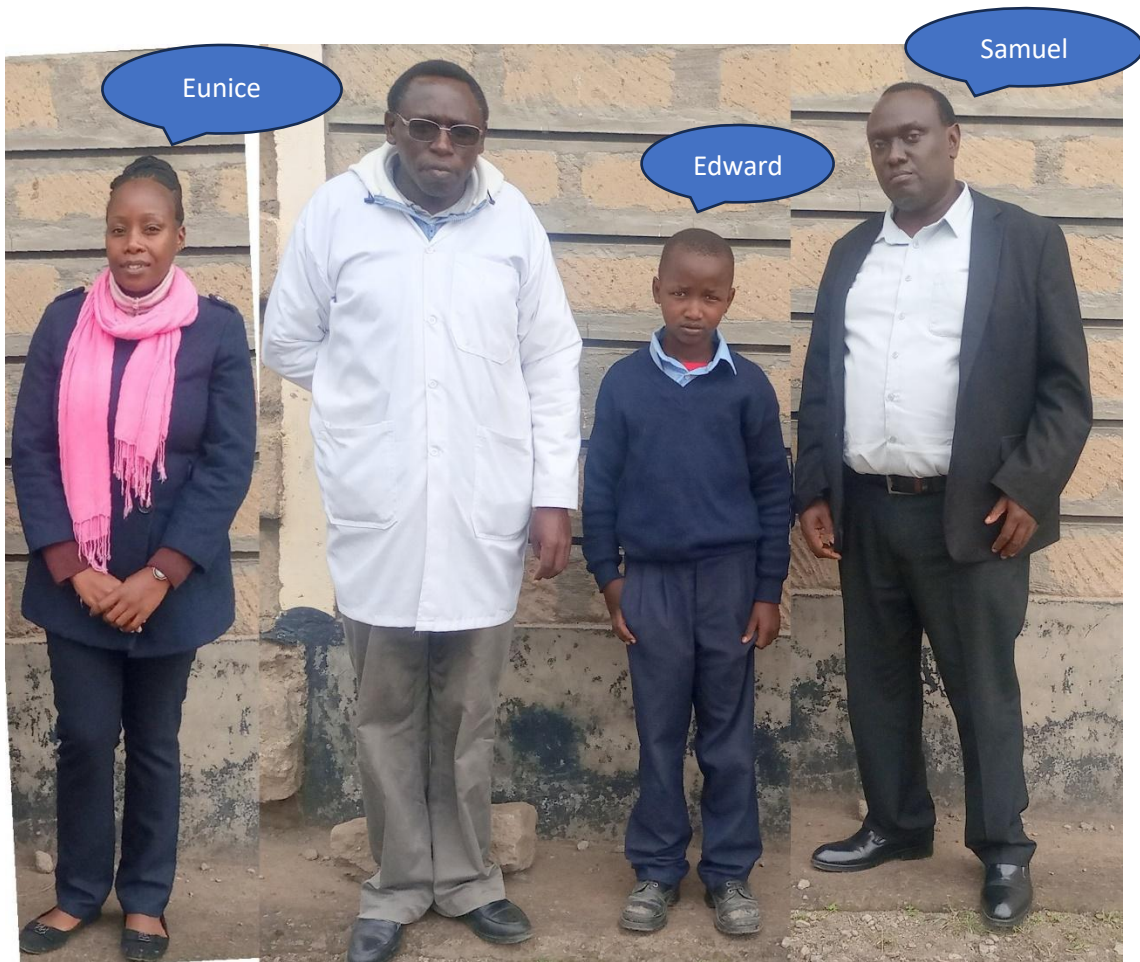


Photo 2.. Samuel & Eunice with Edward Ndumbu with his Class Teacher during a visit at Karai Comprehensive School.



Photo 3. Eunice and Samuel with the grandmother of Edward Ndumbu during a home visit

The table herein shows a summary of the total number of sponsored pupils/students across all level in February 2025.

Type of institution	Boys	Girls	Total
Primary School	4	2	6
Secondary School	8	17	25
College/Technical School	14	15	29
University	10	5	15
TOTAL	36	39	75

Table 1

Table 1.0: Gender distribution of sponsored students at ASN Upendo Village 2025

According to Table 1.0 herein, currently we have 6 pupils in primary school and 25 high school students. The department had 7 students who sat for KCSE and four have already joined technical school. Two are waiting for admission through KUCCPS in National Polytechnic and University once the KUCCPS system opens in 2025.

The department also took several home and school visits to check in the respective homes and schools of the sponsored pupils/students. The school visits are normally done to assess the class

attendance of our sponsored children, to foster relations with their teachers and the school management with the aim of helping the sponsored children to become better persons.

Achievements

1. Eight new pupils/students were enrolled in the sponsorship program.
2. Four students enrolled in technical school after clearing high school in 2025.

Challenges

1. The HEF delayed in releasing HELB funds for tuition and scholarship for all students country wide and it has affected the sponsored students as well.
2. The sponsored university students had to open early in January in order to sit for the end of semester Exam which was postponed due to the lecturers' strike last year November.
3. Two students dropped out of the sponsorship program due to truancy.

Conclusion

The period appraised was relatively peaceful, safe for the many activities of preparing sponsored pupils/students to report back to their respective schools. The department is looking forward to a good year 2025.

4. CLIENT INCOME GENERATING ACTIVITIES

The Client Income-Generating Activities program empowers clients and grandmothers/guardians through projects like; dairy goats' rearing; indigenous poultry rearing; beekeeping; interest-free loans; water tanks; fruit tree planting; solar lamps. The program has also continued to provide an alternative source of livelihoods to the clients as well as empowering them to be self-reliant in order to break the cycle of poverty.

DAIRY GOATS

In the months under review, 3 clients were issued with dairy goats. This will help them access nutritious milk goat to supplement their diet.

Still over the period under consideration, 2 clients reported that their goats kidded and they were using the milk to supplement their diet.



Photo 4. Sr Dr Florence Muia, ASN Upendo Village staff and dairy goat beneficiaries

IMPROVED CHICKEN

During the period under review, a total of 30 chicks were issued to clients benefitting 15 households. Each client received one male and one female chick.



Photo 5. Sr Dr Florence Muia, ASN Upendo Village staff and chicken beneficiaries posing for a photo

SUPPORT GROUP

During the period under review, 736 clients and grandmothers attended their various support group meetings. They were taught on financial management and hygiene.



Photo 6. Brigit addressing Karai support group members.

ISSUANCE OF FREE INTEREST LOANS.

Within the timeframe considered, the department issued 2 loans to 2 grandmothers. The loans provide value by enabling them to grow their businesses.



Photo 7. Felista and interest free loan beneficiaries.

Home Visits

During the period reported, 4 home visits were conducted. In these visits, monitoring of the various projects they have undertaken was carried out.



Photo 8. Felista and Samwel Ngigi, a Karai Support Group member at his dairy goat and improved chicken farm.



Photo 9. Brigit and Hannah Mwihaki, a Town Grandmother Support Group at her established second-hand clothes shop.

Demonstration Garden

The ASN Upendo Village Garden has continued to act as demonstration to our clients. The clients are able to grow various vegetables in their small pieces of land.



Photo 10. ASN Upendo Village staff harvesting potatoes in demonstration garden.

5. HOSPITALITY & NUTRITION DEPARTMENT

The goal of this department is to enhance the quality of life for clients by promoting good health, improved nutrition, and more productive lives. To achieve this, four kitchen gardens were established, allowing clients to grow nutritious crops like kale, spinach, onions, and maize. The department, in collaboration with the Social Welfare Department, conducted home visits to assess and improve clients' nutrition, offering counseling to bedridden individuals. Additionally, the department provided well-balanced meals and distributed nutritional supplements such as maize flour, special porridge, and beans to 688 support group members and 25 grandmothers, with the support of donors and the administration.

CHALLENGES

- Increased number of new clients during the support group meeting.
- Gradual increase in the cost of living.
- Low employment opportunities.
- Indiscipline among the clients.



Photo 11. Jacinta Issuing food supplement to Town grandmothers



Photo 12. Home visitation to Ruth

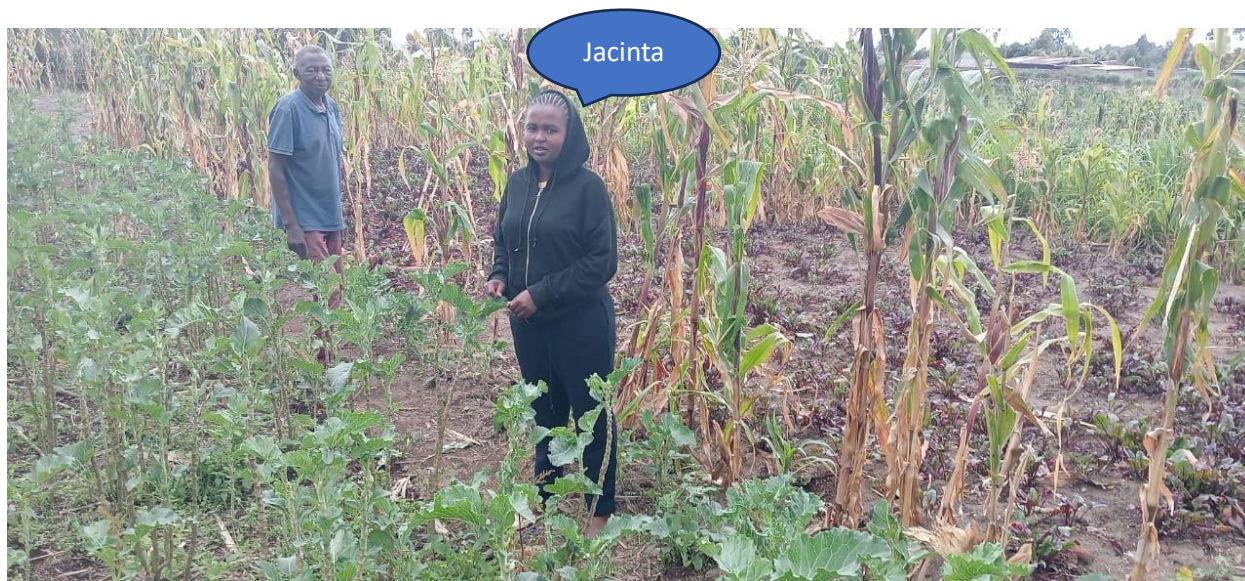


Photo 13. Jacinta during farm visit at David's farm

6. SOCIAL WELFARE DEPARTMENT

SUPPORT GROUPS

During this reporting period, the department held fourteen (14) meetings, for clients support groups. Topics covered during the sessions were: Marketing, financial planning, debt management and hygiene. A total of 345 clients and 343 clients were reached in January and February respectfully.



Photo 14. Support group sessions

CLIENT ENROLMENT

The department registered 18 HIV positive clients (M3 F15) as new members. Additionally, 11 household members and 39 OVCs were enrolled.



Photo 15. A new client being enrolled

Total clients served

Clients served	Jan. 2025	Feb. 2025	Cumulative
HIV Positive women	8	7	2,628
HIV Positive men	3	0	823
HIV Positive children	0	0	398
House hold members	11	6	3,239
Orphan Vulnerable children (OVCs)	24	15	7,690
Total served in the program since project inception	15,304		

Table 2

GRANDMOTHERS PROJECT

During this reporting period, 4 grandmothers' meetings were held. Grandmothers were encouraged on self-care, hygiene and stress management. The groups reached 10 and 15 grandmothers in January and February respectfully.



Photo 16. Grandmothers meeting

Home visits

Home and hospital visits help to create a follow up on the clients and provide continuous support in various issues affecting their lives. During home visits, the team was able to check the living conditions of clients follow up on their livelihood projects and provided mentorship where necessary.



Photo 17. Sr. Ann with Lucy during home visit in Kinungi

ACHIEVEMENTS

- Introduction of 3 seniors' support groups-Karai seniors, Longonot Seniors and town seniors, taking care of approximately 50 older clients

CHALLENGES

- ✚ High poverty levels fueled by unpredictable rains and high inflation.
- ✚ Risky sexual behaviors
- ✚ High dependency syndrome among clients.

WAYFORWARD

- ✚ To continue encouraging and empowering clients to adopt healthy lifestyles to promote living positively with HIV.

7. CLINIC DEPARTMENT

The ASN Upendo Village Dispensary provided a range of services during January and February 2025, with a total of 767 visits to the Outpatient Department, 180 at the Child Welfare Clinic, and 61 postnatal consultations. The dispensary also conducted 442 laboratory tests and 12 Voluntary Counseling and Testing (VCT) sessions. Common diseases treated included upper respiratory infections, diabetes, and hypertension. Notable activities included Continuing Medical Education (CME) sessions on topics like dental abscesses and hypertension treatment, as well as a World Day of the Sick event offering free health checks and education. A challenge faced was the decline in client numbers due to the transition from NHIF to SHA.

Services Offered in ASN Upendo Village Dispensary.

Services Offered	1 st month January 2025	2 nd month February 2025	Totals
Outpatient Department (OPD)	411	356	767
Child Welfare Clinic (CWC)	90	90	180
Antenatal Clinic (ANC)	6	2	8
Postnatal	30	31	61
Comprehensive Care Clinic (CCC)	90	89	179
Voluntary Counseling and Testing (VCT)	10	2	12
Laboratory Tests	274	168	442
Dental	8	13	21
Total			

Table 3

Top 10 institutional diseases

Top 10 institutional diseases	
1	Upper respiratory tract infections
2	Lower respiratory tract infection

3	Disease of joint
4	Diabetes
5	Hypertension
6	pneumonia
7	Muscular skeleton disorders
8	Urinary tract infection
9	Skin infections
10	pneumonia

Table 4

Activities held

CME Activity	Date	Presenter	Topic
CME	7/1/2025	Lilian Langat	Dental abscesses
CME	21/1/2025	Martin Oneya	Culture media
CME	18/2/2025	Rosalia Mwau	Hypertension treatment

Table 5

Any Other Activity Conducted Over the Period under Investigation

11/2/2025

World day of the sick was held. Patient had their **random blood sugars, blood pressure, B.M.I, vital signs** were checked for free and **health education** was provided alongside **snacks**. We also encouraged them on routine checkups

Challenges

Decline in number of clients following transition from **N.H.I.F** to **S.H.A.**

8. CONCLUSION

In conclusion, the January-February 2025 reports from ASN Upendo Village highlight the organization's steadfast dedication to uplifting the community across multiple sectors, including education, health, income-generating activities, and social welfare. Despite facing challenges such as funding delays, increased living costs, and limited employment opportunities, the programs have made significant strides in empowering individuals and families. Through education support, income-generating initiatives, health and nutrition programs, and social welfare services, ASN Upendo Village continues to create lasting positive change, helping break the cycle of poverty and improving the quality of life for its members. The ongoing commitment to overcoming challenges and adapting to the community's needs will ensure continued progress in these vital areas.